

# School Dance Styles

Ecole de Danse

## BIG ENERGY

Count: 32 Wall: 4 Level: Intermediate

Choreographer: Scott Blevins (USA) & Tim Johnson (UK) - September 2022

Music: Big Energy (Remix) (feat. DJ Khaled) - Latto & Mariah Carey : (Clean version)

32 count intro

**RESTART** after count 16 occurring on rotation 7

### [1-8] WALK, WALK, ¼ BALL CROSS, ¼ FORWARD, ¼ DRAG, BALL CROSS & CROSS

1-2 Step R forward; Step L forward

&3-4 Turn ¼ left stepping ball of R slightly back [9:00]; Step L across R;  
Turn ¼ right stepping R forward [12:00]

5-6 Turn ¼ right taking big step L to left [3:00]; Drag R toward L

&7&8 Step ball of R slightly back; Step L across R; Step ball of R to right;  
Step L across R

### [9-16] POINT, ½ CLOSE, SIDE ROCK, RECOVER, CROSS, ¼ HIP CIRCLE, BUMP, COASTER

1-2 Point R to right; Turn ½ right on the spot stepping R beside L [9:00]

3&4 Rock L to left; Recover to R; Step L across R

5-6 Step R to right circling hips anti-clockwise making ¼ turn left [6:00];  
Touch L forward bumping L hip forward

7&8 Step L back; Step R beside L; Step L forward

\***RESTART** here in rotation 7 facing original 12 o'clock wall

### [17-24] BUMP AND BUMP 2X, STEP, ½ PIVOT, ¼ SIDE TOGETHER, KNEE POP

1&2 Touch R forward bumping hips right; Return hips to center;  
Step R forward bumping hips right

3&4 Touch L forward bumping hips left; Return hips to center;  
Step L forward bumping hips left

5-6 Step R forward; Turn ½ left taking weight on L [12:00]

&7&8 Turn ¼ left stepping R to right [9:00]; Step L beside R;  
Pop both knees forward; Return knees to center

### [25-32] CROSS, SIDE, ½ SAILOR, ¼ FORWARD, ¼ BACK, BOOGIE COASTER

1-2 Step R across L; Step L left

3&4 Step ball of R behind L; Turn ¼ right stepping L back;  
Turn ¼ right stepping R across L [3:00]

5-6 Turn ¼ left stepping L forward; Turn ¼ left stepping R back [9:00]

7&8 Step L back pushing hips left; Step R beside L pushing hips right;  
Step L forward pushing hips left

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